

## ACTIVITY IDEAS

TIME MANAGEMENT		Activities
<b>Telling Time</b>		
• Knows days of the week		<i>Review in evenings or morning – Today is (Monday, Tuesday, etc) Tomorrow is... Yesterday was... Get calendar out and point to days along with review exercises. Discuss dates when it is relative to event or holiday</i>
• Knows dates of the month		
• Knows year		
• Can read a calendar		<i>Have students make a calendar for each month. Let them record days or events that are important to them</i>
• Knows seasons		<i>Talk about upcoming holidays/seasons, let child help decorate dorm and room for upcoming holidays or seasons</i>
• Knows Holidays		
• Tells time accurately		<i>If students ask what time it is ask them to tell you what the clock looks or say "The big hands is on the 12 and the little hand is on the 4 that means its 4:00. Make clock and practice setting times and telling time</i>
	○ Can identify "big hand, little hand" placement	
	○ Can identify analog hours	
	○ Can identify analog half hours	
	○ Can read analog time	
	○ Can read digital time 12:00	
	○ Can set alarm clock	
	○ Responds/wakes independently with alarm (light or vibrating)	
<b>Utilizing Time</b>		
• Utilizes time well in completing homework/study time		
• Utilizes time well in completing duties (cleaning, getting ready for activity or event)		<i>Set a goal or a time to beat to complete chores. Set goals that can be accomplished</i>
• Completes school work or dorm work on time		
• Follows curfews		
• Attends infirmary when scheduled or at a logical time (i.e. goes to infirmary for minor incident before or after meal time because the cafeteria and infirmary are close)		
<b>Knows when it is time to ...</b>		
• Get out of bed		<i>See clock activities above – practice setting clocks for daily activities or events and practice telling when time lunch time is, what time bedtime is, etc. These can be done as group activities</i>
• Eat meals		
• Study		
• Leave dorm for activities		
• Take a bath		
• Go to bed		
• Participate in individual activities (watch TV, play games, talk with friends)		
• Go to school		
• Attend personally schedules meeting or appointments		
• Go to church		