

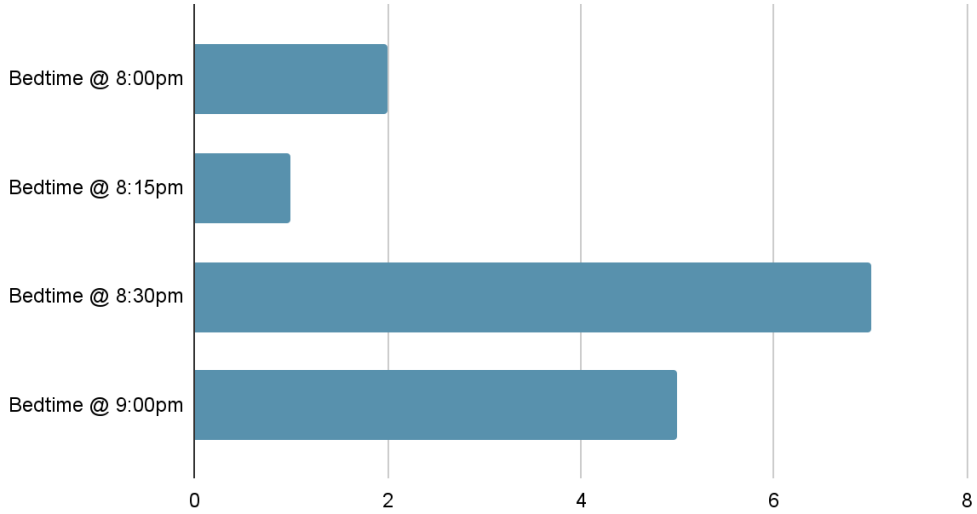
Student Life - Questions for Bedtime Routine - 04/2022

Name	School Name
Chad Fleming	Alabama School for the Deaf (ASD)
Sarah Allen	Arizona Schools for the Deaf and Blind (ASDB)
Ethan Bernstein	California School for the Deaf, Fremont (CSD - F)
Ed Peigneux	California School for the Deaf, Riverside (CSD - R)
Eva Hartmann	Delaware School for the Deaf (DSD)
Mel Goodall	Florida School for the Deaf and the Blind (FSDB)
Mary Hughes	Kansas School for the Deaf (KSD)
Hope Miller	MN State Academy for the Deaf (MSAD)
David Anderson	New Mexico School for the Deaf (NMSD)
Trudy Lynn Mitchell	Oklahoma School for the Deaf (OSD - OK)
Boaz Edmunson	Oregon School for the Deaf (OSD - OR)
Clayton Marr III	Tennessee School for the Deaf (TSD - TN)
Wilmonda McDevitt	Texas School for the Deaf (TSD - TX)
Mary Ennis Blahut	Western Pennsylvania School for the Deaf (WPSD)
Jeff Rawlings	Wisconsin School for the Deaf (WSD)

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What time is your elementary students' bedtime?

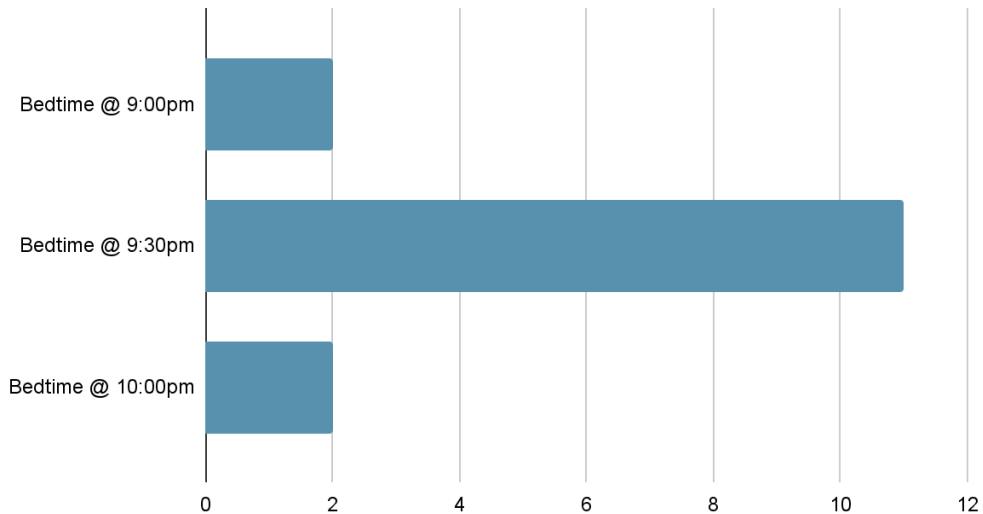
Points scored



8:00pm	8:15pm	8:30pm	9:00pm
ASDB CSD - R	TSD - TX	ASD FSDB OSD - OK OSD - OR TSD - TN WPSD WSD	CSD - F DSD KSD MSAD NMSD

What time is your middle school students' bedtime?

Points scored

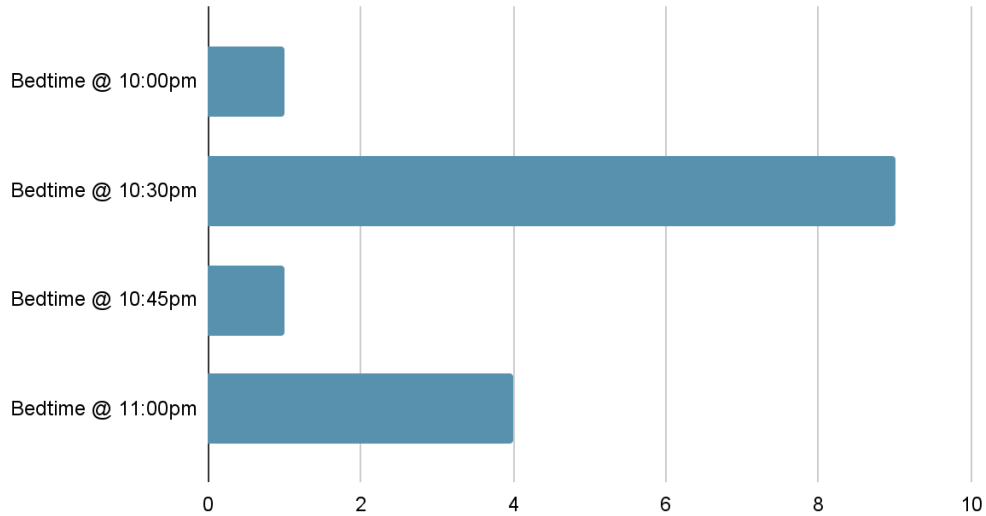


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9:00pm	9:30pm	10:00pm
ASDB TSD - TX	ASD CSD - R CSD - F DSD FSDB MSAD NMSD OSD - OK OSD - OR TSD - TN WSD	KSD WPSD

What time is your high school students' bedtime?

Points scored

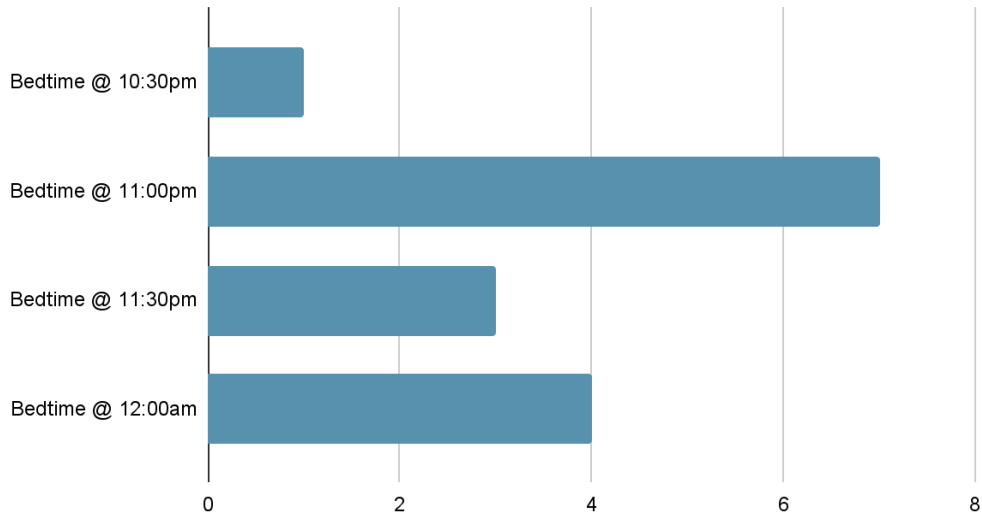


10:00pm	10:30pm	10:45pm	11:00pm
ASDB	ASD FSDB MSAD NMSD OSD - OR TSD - TN TSD - TX WPSD WSD	OSD - OK	CSD - F CSD - R DSD KSD

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What time is your senior students' bedtime?

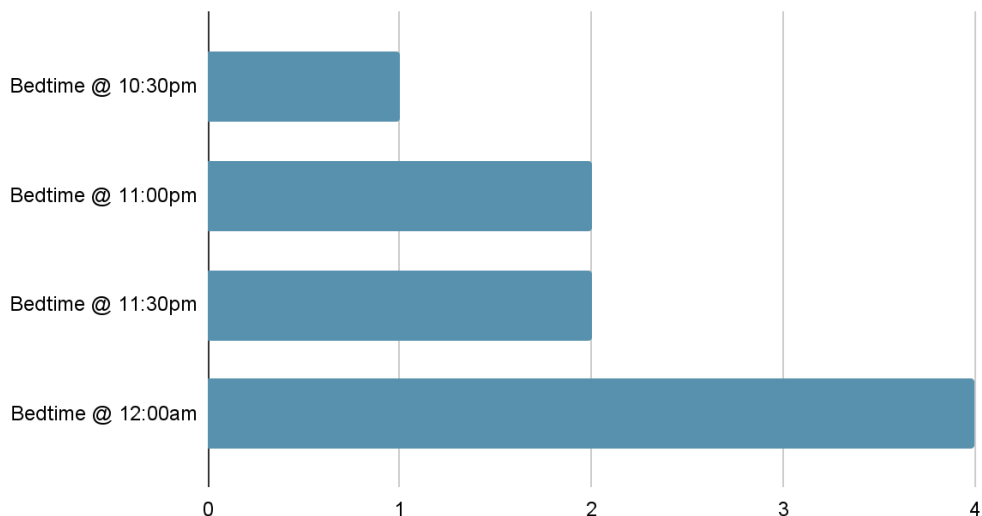
Points scored



10:30pm	11:00pm	11:30pm	12:00am
OSD - OR	ASDB CSD - R DSD KSD MSAD OSD - OK OSD - OR WPSD WSD	OSD - OK CSD - F TSD - TN	ASD FSDB NMSD TSD - TX

What time is your Secondary and/or Transition Program (for 18-21 year old) students' bedtime?

Points scored



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10:30pm	11:00pm	11:30pm	12:00am
OSD - OR	DSD WSD	CSD - R TSD - TN	CSD - F FSDB TSD - TX WPSD

What is your discipline/ consequence/ PBIS policy, if your student is late for bedtime?

Alabama School for the Deaf	Follow the Tier Program, depends on how many "X" you get (4 levels)
Arizona Schools for the Deaf and Blind	1st time warning 2nd time 30 min early bed
California School for the Deaf, Fremont	30 minutes before the scheduled bedtime in each department
California School for the Deaf, Riverside	if chronic with simple consequence like earlier bedtime or being in room, the behavioral contract may be in place to provide more support and reward until the goal is achieved.
Delaware School for the Deaf	Most of our students fall asleep before their bedtime with exception of elementary. We usually tell them to lay down and rest if they are unable to sleep.
Florida School for the Deaf and the Blind	Earn a zero on the level system, if it is repetitive early bed, or dorm restriction or room depend on how frequent this is happening
Kansas School for the Deaf	Following
MN State Academy for the Deaf	none
New Mexico School for the Deaf	Check with student and discuss concerns. A strike in your Level Program. If six strikes in two weeks, would be placed to Level 3 which restricts/limits privileges. Level 1 has more privileges including an extended 30 minute bedtime curfew. Level 2 is the standard.
Oklahoma School for the Deaf	Bed early next day
Oregon School for the Deaf	Earlier bedtime the next night and confer with the student.
Tennessee School for the Deaf	early bedtime
Texas School for the Deaf	We will just review expectations with students... if becomes repetition, students will lose privilege.
Western Pennsylvania School for the Deaf	Following our PBIS policy, we are using ROARS to remind the students. Ready, Organized, Accountable, Respectful, and Safe. If a student is late for bedtime, then s/he does not earn points for Ready. If it becomes a pattern, we will review and move their bedtime schedule earlier.
Wisconsin School for the Deaf	Earned Early bedtime - HS 30 minutes early bedtime, MS 30 minutes early bedtime, and Elementary 15 minutes early bedtime.

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What is your discipline/ consequence/ PBIS policy, if your student gets up late and is late for school?

Alabama School for the Deaf	Follow the Tier Program, depends on how many "X" you get (4 levels)
Arizona Schools for the Deaf and Blind	15 minutes early bed and loss of whatever made them late ie watch tv, late for bed next day, not tv and 15 minutes early bed.
California School for the Deaf, Fremont	Grounded, suspension of privilege or participation in activities
California School for the Deaf, Riverside	Same
Delaware School for the Deaf	Tardy attendance at school
Florida School for the Deaf and the Blind	Same as above
Kansas School for the Deaf	Following
MN State Academy for the Deaf	none-tardy to class
New Mexico School for the Deaf	Meeting with the student. A strike in your Level Program. If six strikes in two weeks, would be placed to Level 3 which restricts/limits privileges including a 30 minute early bedtime curfew
Oklahoma School for the Deaf	Bed early if continues then bedtime changes for that student.
Oregon School for the Deaf	Confer with students, earlier bedtime, and discuss strategies for getting up on time.
Tennessee School for the Deaf	early bedtime
Texas School for the Deaf	If late to school, may result in in-school suspension (if past 815), if before, reported as tardy. We will have meeting with students, if it becomes a problematic, we will have meeting to review plans (including parents).
Western Pennsylvania School for the Deaf	If a student is late getting up or late for school, s/he does not earn points for Accountable. We will have a discussion and review better ways of getting on time. We will inform their parents every time they are late.
Wisconsin School for the Deaf	If the student is still in the bed, the student will be earned EBT, If the student is out of the bed but late for breakfast/school - the school will give 30 minutes SRT issued (Student Reflection Time)

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What is your students' technology (cell phone, tablets, laptop, video games, tv, etc..) policy during bedtime?

Alabama School for the Deaf	Only the honor Dorms student can keep phone in room; others put in an office area.
Arizona Schools for the Deaf and Blind	Turn in phones and tech each night at bed time.
California School for the Deaf, Fremont	With elementary and middle school residential students, we collect them every night. For high school and upper, they are allowed to keep phones overnight but would ask them to surrender if using during bedtime.
California School for the Deaf, Riverside	They are expected to put away based on honor system otherwise they may be required to give the devices to staff office prior to bedtime.
Delaware School for the Deaf	No technology permitted in bedroom.
Florida School for the Deaf and the Blind	Everything is off at bed time.
Kansas School for the Deaf	8:00 PM - Elementary dorm students turn in all electronic devices into a charging station 9:00 PM - MS dorm students turn in all electronic devices into a charging station 9:30 PM - HS dorm students turn in all electronic devices into a charging station The charging station is in a staff office to be charged overnight.
MN State Academy for the Deaf	Elementary & Middle School must turn devices into staff, high school can keep in rooms. If caught after lights out can be taken away.
New Mexico School for the Deaf	Must be placed/charged on student's desk or lamp table before bedtime curfew. If caught using personal devices past curfew, will get a warning. If again, one day loss of privilege. If the third time, one week loss of privilege and so on. Parents would be notified in every offense.
Oklahoma School for the Deaf	Elem allowed 15 min on phone in afternoon to call home and lock up phone ftil next day. MS have their phone all evening and have to turn it in by 8:30. HS can Keep all evening and in room but must be off at bedtime. All floors have xbox and ps4 and ipads available for use til their bed times. If its their personal devices same rules. Our network is filtered so they arent able to log in in any inappropriate sites.
Oregon School for the Deaf	Zero technology policy during bedtime unless the students have earned the top level in our system then they may keep

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	their phones with them overnight.
Tennessee School for the Deaf	They aren't allowed in their bedroom
Texas School for the Deaf	Vary among departments - elem and MS have scheduled time for technology use. HS - unlimited but must put away by bedtime. No video games during study hour.
Western Pennsylvania School for the Deaf	We allow the students to keep their phones in their rooms. They are to turn off technology 30 minutes before bedtime. They earn bonus time if they meet the expectations (i.e., Level 1 for 2 weeks, they can get 15 minutes delay on technology and bedtime).
Wisconsin School for the Deaf	High School - staff will keep encourage students to put away the technology and follow the PBIS system until 3rd between 5th - the technology will keep in the office until next day. Middle School and Elementary - give them to RA's before bedtime to be held and /or charged in the office until the next afternoon.

Any additional comment you would like to share about your Student Life's bedtime routine, please feel free to comment below.

Alabama School for the Deaf	The bedtimes varies on which level they are in (3 levels for elementary; 4 levels for middle and high school dorms). If they get certain amount of "X"s they move down to one level lower and 30 minutes earlier bedtime. The senior part I use that as the honor dorm bedtime (12am).
Arizona Schools for the Deaf and Blind	Students who are responsible and trustworthy can earn later bed time and can keep phone as long as they continue these good habits
California School for the Deaf, Fremont	For more in-depth information, you can refer to our student handbook at this link: https://4.files.edl.io/6135/01/05/22/042118-ce2b798f-3f5d-46d1-baaf-41ff1cf191a4.pdf
California School for the Deaf, Riverside	
Delaware School for the Deaf	We strive to let high school students decide their bedtime to learn about their time management. If teachers email RA stating that students are falling asleep in class, we first meet with students to encourage them to adjust their bedtime routine/time. If that issue persist, then we will tell student to go to bed earlier for couple of days.
Florida School for the Deaf and the Blind	
Kansas School for the Deaf	
MN State Academy for the Deaf	I love that you are doing this...I was just looking for the same

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	<p>information from other schools! I would love to know results! For our bedtimes students are to be in their rooms 1/2 hour before lights out. During this 1/2 hour they are to be "winding down" (reading books, drawing, preparing clothes/things for next day, etc)</p>
New Mexico School for the Deaf	
Oklahoma School for the Deaf	None
Oregon School for the Deaf	
Tennessee School for the Deaf	
Texas School for the Deaf	<p>your question limit me to one response to bedtime. Here s more details: We have lower elementary (k-2) at 815, Upper elementary (3-5th) at 830, 6th - 845 pm, 7th - 9 pm, 8th - 915 pm, 9th - 10 pm, 10th - 10:15 pm, 11th - 1030 pm, 12th - by midnight, Transition/18+ - we do not have established time.</p> <p>Hope this helps.</p>
Western Pennsylvania School for the Deaf	<p>We monitor their bedtime and morning routines to help them get ready for bedtime. We sometimes adjust their schedule for "down" time so they don't get stimulated close to bedtime. We review the expectations and encourage them to eat well every day. That helps them to sleep better and get ready in the mornings.</p>
Wisconsin School for the Deaf	<p>https://drive.google.com/file/d/1MW4FpJUvX1w4pjj1qH-sMrHqi60uHwTA/view?usp=sharing</p>